

GENERAL EDUCATION

NVC General Education

Effective Fall 2025 through Summer 2026

The following are General Education requirements for local Associate of Arts and/or an Associate of Science degree from Napa Valley College. If you are a transfer student, choose only courses that appear both here and on the appropriate transfer general education/breadth sheet, Cal-GETC. Students who have already earned a bachelor's degree or higher from an accredited university are exempted from NVC GE requirements. Consult with a Counselor for more information.

A course may be used for only one general education category. Students are required to complete a minimum of 21 semester units in Areas 1 through 6 below plus 3 units from Health, Wellness and Self Development.

Note: Information on this form is subject to change, please check the Napa Valley College catalog addendum webpage for revised requirements.

Statement of General Education Philosophy

Napa Valley College's general education pattern represents a common curriculum that is the foundation of the Associate Degree (AA or AS) irrespective of major. Courses proposed for Local GE designation must be consistent with the college's general education philosophy and meet the additional criteria specific to the area of specialty. A course may be approved in more than one Local GE area, but students may not use the same course to satisfy the requirement in more than one GE area (double count).

Area 1: English Composition, Oral Communication, and Critical Thinking (minimum of 6 semester units) including:

A) English Composition (minimum of 3 semester units).

Courses fulfilling this requirement must be baccalaureate-level and include expository and argumentative writing.

B) Oral Communication and Critical Thinking (minimum of 3 semester units).

Courses fulfilling this requirement must be baccalaureate-level and may include oral communication and critical thinking courses.

Area 2: Mathematical Concepts and Quantitative Reasoning (minimum of 3 semester units).

Courses fulfilling this requirement must be at least college-level and may include mathematics or quantitative reasoning courses, including logic, statistics, computer languages, and related disciplines.

Area 3: Arts and Humanities (minimum of 3 semester units).

Courses in the humanities study the cultural activities and artistic expressions of human beings. Such courses develop students' awareness of how people throughout the ages and in different cultures respond to themselves and the world around them in artistic and cultural creation and develop students' aesthetic understandings and abilities to make value judgements. Courses fulfilling this requirement may include introductory or integrative baccalaureate-level courses in the visual and performing arts, art history, foreign languages, literature, philosophy, religion, and related disciplines.

Area 4: Social and Behavioral Sciences (minimum of 3 semester units).

Courses in the social and behavioral sciences focus on people as members of society and develop awareness of the methods of inquiry

used by the social and behavioral sciences. They stimulate critical thinking about how people act and have acted in response to their societies and promote appreciation of how societies and social subgroups operate. Courses fulfilling this requirement may include introductory or integrative baccalaureate-level courses in cultural anthropology, cultural geography, economics, history, political science, psychology, sociology, and related disciplines.

Area 5: Natural Sciences (minimum of 3 semester units).

Courses in the natural sciences examine the physical universe, its life forms, and its natural phenomena, helping students appreciate and understand the scientific method and the relationships between science and other human activities. Courses fulfilling this requirement may include introductory or integrative baccalaureate-level courses in astronomy, biology, chemistry, general physical science, geology, meteorology, oceanography, physical geography, physical anthropology, physics, and other scientific disciplines.

Area 6: Ethnic Studies (minimum of 3 semester units).

Courses fulfilling this requirement may include baccalaureate-level courses in the four autonomous disciplines within Ethnic Studies: Black Studies; African American Studies; Africana Studies; Native American Studies; Chicano/a/x; Latino/a/s Studies/La Raza Studies; and Asian American Studies.

In addition to courses fulfilling the Local GE areas listed above, the Associate Degree (AA or AS) includes additional course requirements specific to Napa Valley College. These graduation requirements, as defined in AP 4100, are more disciplinary-specific and focused in scope. Unless otherwise noted, courses in these areas may be used to meet multiple requirements (double count) including general education and major requirements.

Health, Wellness and Self-Development

A course that satisfies this requirement must meet the criteria included in at least one of the following categories:

- Physical Fitness: Courses promote physical health through activities that improve strength, flexibility, endurance and overall fitness.
- Athletic Skill Development: Courses offer opportunities for students to learn and improve specific physical skills and practice sports.
- Wellness Education: Courses incorporate principles of healthy living, nutrition, and overall wellness practices.
- Academic and/or Career Advancement: Courses foster exploration and development of academic or career goals.
- Personal Development: Courses focus on enhancement of emotional intelligence, self-awareness and/or creative expression.

Area 1: English Composition, Oral Communication, and Critical Thinking

(Two courses, 6 semester units)

(A) English Composition

(One course, 3 semester units)

Code	Title	Units
ENGL-C1000	Academic Reading and Writing	4

(B) Oral communication and Critical Thinking

(One course, 3 semester units)

Code	Title	Units
COMM-120	Interpersonal Communication	3
COMM-C1000	Introduction to Public Speaking	3
COMM-124	Career Communication	3
COMM-126	Intercultural Communication	3
COMM-128	Critical Thinking: Argumentation and Debate	3
COMM-130	Small Group Communication	3
ENGL-123	Advanced Composition and Critical Thinking About Literature	4
ENGL-C1001	Critical Thinking and Writing	3
PHIL-120	Introduction to Philosophy 1	3
PHIL-121	Introduction to Philosophy 2	3
PHIL-126	Contemporary American Ethics	3

Area 2: Mathematical concepts and quantitative reasoning

(One course, 3 semester units)

Code	Title	Units
MATH-106	College Algebra	4
MATH-108	Trigonometry	3
MATH-110	College Mathematics	4
MATH-115	Applied Calculus	5
MATH-120	Calculus I	5
MATH-121	Calculus II	5
MATH-130	Mathematical Concepts for Elementary School Teachers-Number Systems	3
MATH-220	Linear Algebra	3
MATH-221	Multivariable Calculus	5
MATH-222	Differential Equations	3
MATH-235	Finite Mathematics	3
STAT-C1000	Introduction to Statistics	3
TECH-107	Technical Mathematics II	3

Area 3: Arts and Humanities

(One course, 3 semester units)

Code	Title	Units
ASL-120	First Semester American Sign Language	5
ASL-121	Second-Semester American Sign Language	5
ARTS-100	Survey of Studio Arts	3
ARTH-101	Introduction to Visual Culture	3
ARTH-105	History of Western Art: Prehistoric Through Medieval	3
ARTH-106	History of Western Art: Renaissance to Contemporary	3
ARTH-118	Survey of Modern Art	3
ARTH-130	History of Asian Art	3
ARTH-145	Art of the Ancient Americas	3
ARTH-180	History of Photography	3
CFS-145	Language Development & Early Literacy	3

DANS-160	Dance Appreciation	3
DANS-170	Dance History	3
DART-101	Graphic Design Foundations	3
DART-120	Introduction to Digital Art	3
ENGL-121	Advanced Composition and Literary Analysis	3
ENGL-123	Advanced Composition and Critical Thinking About Literature	4
ENGL-213	Survey of British Literature 1	3
ENGL-214	Survey British Literature 2	3
ENGL-215	Survey of American Literature 1	3
ENGL-216	Survey of American Literature 2	3
ENGL-220	Shakespeare: Introduction	3
ENGL-224	Survey of Native American Literature	3
ENGL-226	Survey of African American Literature	3
ENGL-228	Chicano and Latinx Literature	3
ENGL-230	The Graphic Novel	3
ENGL-231	Literature and Sexuality	3
ENGL-232	Dystopian Literature	3
ETHS-100	Ethnic Studies 1	3
ETHS-101	Ethnic Studies 2	3
ETHS-111	Native American Studies	3
ETHS-112	African American Studies	3
ETHS-113	Chicanx Studies Chicanx Studies	3
ETHS-114	Women's Ethnic Heritage in the United States	3
ETHS-115	Critical Mixed Race Studies	3
ETHS-160	Critical Asian Pacific Islander American Studies: Filipina/X/O Experience in the United States	3
ETHS-161	Asian Pacific Islander American Studies	3
FILM-100	Survey and Appreciation of Film	3
FILM-101	Introduction to Film Production	3
FILM-102	Survey of Film and Media	3
FILM-105	Film History: 1895-1949	3
FILM-110	Culture and Gender in Film	3
FILM-115	World Cinema	3
FILM-120	Horror Film	3
FILM-121	Film Comedy	3
FILM-125	Film Musicals	3
FREN-120	First Semester French	5
FREN-121	Second Semester French	5
HIST-122	World History 1	3
HIST-123	World History 2	3
HUMA-125	Introduction to Latin American Studies	3
HUMA-151	Global Women's Ethnic Heritage	3
HUMA-174	Culture and Gender in Theater	3
ITAL-120	First Semester Italian	5
ITAL-121	Second Semester Italian	5
MUSI-110	Fundamentals of Music	3
MUSI-112	Survey & Appreciation of Music	3
MUSI-114	Survey & History of Jazz	3
MUSI-121	Music Theory I	3

MUSI-122	Music Theory II	3
PHIL-120	Introduction to Philosophy 1	3
PHIL-121	Introduction to Philosophy 2	3
PHIL-125	Introduction to Ethics	3
PHIL-128	Social and Political Philosophy	3
PHIL-129	Introduction to Epistemology and Metaphysics	3
PHIL-133	World Philosophy	3
PHOT-120	Foundations of Photography	3
PHOT-180	History of Photography	3
SPAN-111	Elementary Spanish I (Part B)	3
SPAN-120	Elementary Spanish I	5
SPAN-121	Elementary Spanish II	5
SPAN-240	Intermediate Spanish I	5
SPAN-241	Intermediate Spanish II	5
SPAN-270	Introduction to Hispanic Cultures	3
SPAN-280	Spanish for Heritage Speakers I	5
SPAN-281	Spanish for Heritage Speakers II	5
SPAN-282	Introduction to Hispanic Literature	3
THEA-100	Introduction to Theater	3
THEA-174	Culture and Gender in Theater	3

AREA 4: Social and behavioral sciences

(One course, 3 semester units)

Code	Title	Units
ADMJ-121	Introduction to Criminal Law	3
ADMJ-122	Introduction to Criminal Procedures	3
ADMJ-125	Introduction to Evidence	3
ANTH-121	Introduction to Cultural Anthropology	3
ANTH-122	Magic, Witchcraft, and Religion	3
ANTH-130	Introduction to Archaeology and Prehistory	3
ANTH-131	Mesoamerican Archaeology	3
ANTH-145	Medical Anthropology	3
ANTH-150	Anthropology of Sex, Gender and Sexuality	3
ANTH-180	The Anthropology of Childhood	3
ANTH-200	Linguistic Anthropology	3
CFS-120	Child Development	3
CFS-140	The Child, Family and Community	3
CFS-180	The Anthropology of Childhood	3
COMM-126	Intercultural Communication	3
COMM-134	Introduction to Communication Theory	3
ECON-100	Principles of Macroeconomics	3
ECON-101	Principles of Microeconomics	3
ECON-120	Economic History of the U.S.	3
ENGI-110	Introduction to Engineering	3
GEOG-101	World Regional Geography	3
HIST-120	United States History 1	3
HIST-121	United States History 2	3
HIST-122	World History 1	3
HIST-123	World History 2	3
HIST-140	History of Modern Latin America	3
HIST-142	History of Mexico	3

HIST-145	California History	3
HIST-150	History of American Women 1600-1900	3
HIST-152	History of American Women Since 1900	3
HIST-165	African American History	3
HUMA-166	Environmental Justice and the Humanities	3
HSRV-120	Introduction to Human Services	3
LGBT-120	Introduction to LGBT Studies in the Family, Education and Community	3
LGBT-121	LGBT Communities, Family & Education in the 21st Century	3
POLS-C1000	American Government and Politics Of American Government	3
POLI-125	Introduction to Modern Political Ideology	3
POLI-135	Comparative Government	3
POLI-140	International Relations	3
PSYC-C1000	Introduction to Psychology	3
PSYC-123	Social Psychology	3
PSYC-124	Psychology of Adjustment	3
PSYC-125	Human Development	3
PSYC-126	Abnormal Psychology	3
PSYC-128	Cross-Cultural Psychology	3
PSYC-135	Human Sexuality	3
PSYC-220	Research Methods in Psychology	3
SOCI-120	Introduction to Sociology	3
SOCI-122	Social Problems	3
SOCI-130	Introduction to Queer Studies	3
SOCI-140	Sociology of Sex and Gender	3
SOCI-150	Sociology of Race & Ethnicity	3
SOCI-190	Introduction to Social Research	3

area 5: Natural Sciences

(One course, 3 semester units)

Code	Title	Units
ANTH-120	Biological Anthropology With Lab	4
ASTR-110	Descriptive Astronomy	3
BIOL-103	Introduction to Nutrition	3
BIOL-105	Human Biology	4
BIOL-110	Survey of Biology	4
BIOL-112	Introduction to Ecology	3
BIOL-117	Wildlife Biology	3
BIOL-120	General Biology	4
BIOL-218	Human Anatomy	5
CHEM-110	Introduction to Chemistry	4
CHEM-111	Introduction to Organic & Biological Chemistry	4
CHEM-120	General Chemistry 1	5
EART-110	Earth Science	4
ENVS-115	Introduction to Environmental Science	3
GEOG-110	Physical Geography	3
GEOL-110	Physical Geology	3
HEOC-100	Basic Anatomy & Physiology	3
PHYS-110	Descriptive Physics	3

PHYS-120	General Physics 1	4
PHYS-140	Physics for Scientists & Engineers 1	4

AREA 6: Ethnic Studies

(One course, 3 semester units)

Code	Title	Units
ETHS-100	Ethnic Studies 1	3
ETHS-101	Ethnic Studies 2	3
ETHS-111	Native American Studies	3
ETHS-112	African American Studies	3
ETHS-113	Chicanx Studies Chicanx Studies	3
ETHS-114	Women's Ethnic Heritage in the United States	3
ETHS-115	Critical Mixed Race Studies	3
ETHS-160	Critical Asian Pacific Islander American Studies: Filipina/X/O Experience in the United States	3
ETHS-161	Asian Pacific Islander American Studies	3

Additional graduation requirements

Health wellness and self development

(One course, total of 3 semester units required)

Exemptions are the following: students majoring in Health Occupations or Veterans with 6 months of service. May be double counted.

Code	Title	Units
ARTS-100	Survey of Studio Arts	3
ARTH-101	Introduction to Visual Culture	3
BUSI-297	Personal Money Management	3
CFS-120	Child Development	3
CFS-121	Health, Safety & Nutrition	3
CFS-140	The Child, Family and Community	3
CFS-196	Music and Movement in Early Childhood	3
COMS-101	Computer Information Systems	3
COUN-100	College Success	3
COUN-104	Foundations of Well-being	3
COUN-105	Planning for Transfer Success	1.5
COUN-110	Career/Life Plan	3
COUN-111	Career Decision-Making	1.5
DANS-128A	Salsa and Latin Social Dance I	1-1.5
DANS-128B	Salsa & Latin Social Dance II	1-1.5
DANS-128C	Salsa & Latin Dance Teaching Assistant	1-1.5
DANS-133	Barre Fitness	1-1.5
DANS-134	Ballet Level I	1-1.5
DANS-134B	Ballet II	1-1.5
DANS-134D	Ballet Teaching Assistant	1-1.5
DANS-135	Street Jazz (Beginning Hip Hop)	1-1.5
DANS-135B	Street Jazz (Hip Hop) Level 2	1-1.5
DANS-135D	St Jazz (beginning Hip Hop) Teaching Assistant	1-1.5
DANS-136	Jazz Dance I	1-1.5
DANS-136B	Jazz Dance II	1-1.5
DANS-136D	Jazz Dance Teaching Assistant	1-1.5
DANS-137A	Tap Dance 1	1-1.5

DANS-137B	Tap Dance 2	1-1.5
DANS-137C	Tap Dance Teaching Assistant	1-1.5
DANS-138	Modern Dance Level I	1-1.5
DANS-138B	Modern Dance II	1-1.5
DANS-138D	Modern Dance Teaching Assistant	1-1.5
DANS-140	Dance Production	1-1.5
DANS-141	Dance Production - B	0.5-1.5
DANS-142	Choreography	2
DANS-154	Mat Pilates	1-1.5
DANS-154B	Intermediate Pilates	1-1.5
DANS-160	Dance Appreciation	3
DANS-170	Dance History	3
DANS-199	Dance Independent Study	1-3
DART-120	Introduction to Digital Art	3
EDUC-100	Teaching as a Profession	3
ENGL-200	Introduction to Creative Writing 1	3
ENGL-203	Poetry Workshop 1	3
ENGL-205	Fiction Workshop	3
HELH-100	Community First Aid & Safety	3
HELH-106	Personal & Community Health	3
KINE-100	Swimming	1.5
KINE-100B	Intermediate Swimming	1.5
KINE-101	Muscle and Tension Release Techniques	1.5
KINE-103	Fitness for Life	1.5
KINE-123	Tennis	1.5
KINE-123B	Intermediate Tennis	1.5
KINE-130	Yoga	1.5
KINE-130B	Intermediate Yoga	1.5
KINE-139	Kickboxing With Jeet Kune Do Concepts Level 1	1.5
KINE-139D	Kickboxing With Jeet Kune Do Concepts Level 1	1.5
KINE-148	Walking for Fitness	1.5
KINE-148B	Intermediate Walking for Fitness	1.5
KINE-151	Weight Training	1.5
KINE-151B	Intermediate Weight Training	1.5
KINE-151C	Olympic Weight Training	1.5
KINE-154	Mat Pilates	1.5
KINE-154B	Intermediate Pilates	1.5
KINE-160	Adaptive Physical Education	1.5
KINE-169	Corrective Physical Education for TA's	1.5
KINE-174	Skills and Conditioning for Team Sports	1-3
KINE-176	Team Sports	1-1.5
KINE-176B	Intermediate Team Sports	1-1.5
KINE-178	Pre-Season Conditioning	1-3
KINE-200	Coaching & Athletic Administration	3
KINE-201	Introduction to Kinesiology	3
KINE-285	Men's Basketball Team	0.5-3
KINE-286	Women's Basketball Team	0.5-3
KINE-287	Baseball Team	3
KINE-290	Golf Team	3
KINE-291	Soccer Team	3

KINE-292	Softball Team	3
KINE-297	Women's Volleyball Team	3
LIBR-100	Information & Library Research Skills	1
PHOT-120	Foundations of Photography	3
PSYC-C1000	Introduction to Psychology	3
PSYC-124	Psychology of Adjustment	3
PSYC-135	Human Sexuality	3

CalGETC General Education

Effective Fall 2025 through Summer 2026

The California General Education Transfer Curriculum (Cal-GETC) is the singular general education pathway for California Community College (CCC) students to fulfill lower-division general education requirements for both the California State University (CSU) and the University of California (UC). Students attending a California community college for the first time this year Cal-GETC for completion of general education coursework for transfer. Students with continuous enrollment prior to fall 2025 may elect to continue on the 24-25 or prior IGETC transfer GE pattern or the 24-25 or prior CSU GE breadth pattern. The list of courses approved for the IGETC pattern is available online at ASSIST.org (<https://assist.org/>).

Cal-GETC will permit students to transfer from Napa Valley College to a campus in either the California State University (CSU) or the University of California (UC) system without the need, after transfer, to take additional lower division, general education courses to satisfy general education requirements. However, Students may be held to other graduation requirements of the transfer campus. Although Cal-GETC is not an entrance requirement, students are advised to complete this pattern prior to transfer unless they are enrolled in high-unit majors. Before you start working on general education courses, check what is recommended for your major and the campuses you're interested in.

Completion of the Cal-GETC is not advisable for all transfer students. If you are pursuing a major that requires extensive lower-division preparation you may be better served by taking courses which fulfill admissions and major preparation requirements for the UC campus, CSU campus or college/university to which you plan to transfer.

Courses may be listed in more than one area but shall not be used to satisfy more than one Cal-GETC area.

A grade of "C" or higher is required for all courses on Cal-GETC (or "P" Pass). Some courses must be taken for letter grades of "C" or higher. Check with a Counselor for limitations.

A student, planning to earn a degree to transfer and following the Cal-GETC pattern, is expected to complete all of the requirements (a total of 34 semester units) before transferring to a UC or CSU campus. Students should consult with the Counseling or Transfer Center for details regarding options.

Restrictions: Student who have been registered at a UC campus may not be eligible for Cal-GETC. This restriction does not apply to students who have taken only UC summer session or Extension classes. Consult a Counselor for details.

By following the pattern of Cal-GETC requirements, you will be eligible for:

1. **Certificate of Achievement in Cal-GETC (for CSU or UC):** Students must meet with a Counselor to complete this petition before the 9th

week of the semester. Completion of this local NVC Certificate of Achievement will be noted on the final transcript and allows you to participate in the annual graduation ceremony.

2. **Certification of IGETC (for CSU or UC) Requirements:** Students must request Cal-GETC certification when requesting final transcripts to be sent from NVC to the CSU or UC transfer school. The transcript requests can be made online or at the Napa Valley College Admissions and Records office.

- Obtaining full certification means you will not have to complete additional lower division GE requirements that may be required at the CSU or UC campus. The U.S. History, Constitution and American Ideals is not a part of IGETC Certification, however the courses that comprise this requirement can be used to satisfy subject Area 4.
- **CSU transfers:** The U.S. History, Constitution and American Ideals is not a part of Cal-GETC Certification, however the courses that comprise this requirement can be used to satisfy subject Area 4. Students do not need to complete a Foreign Language requirement for the Certification process. Some CSU campuses and/or majors may have additional language or course requirements for graduation from the CSU.
- **UC transfers:** Students must complete the Foreign Language requirement (Language Other Than English) to graduate. If you completed this requirement in high school or at another college, you would need to provide an official transcript from that institution to the UC campus. Language Other Than English is not part of Cal-GETC Certification. The UC campuses may have additional graduation requirements. Consult a Counselor for more information.

Information on this form is subject to change, check with the Counseling Office and ASSIST.org (<https://assist.org/>) for current information.

Area 1: English Communication

(Three courses; 9 semester units)

Code	Title	Units
1A. English Composition		
(One course, 3 semester or 4 quarter units)		
ENGL-C1000	Academic Reading and Writing	4
ENGL-120B	Reading and Composition Stretch 2	3
1B. Critical Thinking-English Composition		
(One course, 3 semester units)		
ENGL-123	Advanced Composition and Critical Thinking About Literature	4
ENGL-C1001	Critical Thinking and Writing	3
1C. Oral Communication		
(One course, 3 semester units)		
COMM-C1000	Introduction to Public Speaking	3

Area 2: Mathematical Concepts and Quantitative Reasoning

(One course, 3 semester units)

Code	Title	Units
MATH-106	College Algebra	4
MATH-110	College Mathematics	4
MATH-115	Applied Calculus	5

MATH-120	Calculus I	5
MATH-121	Calculus II	5
MATH-220	Linear Algebra	3
MATH-221	Multivariable Calculus	5
MATH-222	Differential Equations	3
MATH-235	Finite Mathematics	3
STAT-C1000	Introduction to Statistics	3

Area 3: Arts and Humanities

(Two courses: 6 semester units)

Code	Title	Units
3A. Arts (One course, 3 semester units)		
ARTS-100	Survey of Studio Arts	3
ARTH-101	Introduction to Visual Culture	3
ARTH-105	History of Western Art: Prehistoric Through Medieval	3
ARTH-106	History of Western Art: Renaissance to Contemporary	3
ARTH-110	History of Graphic Design	3
ARTH-118	Survey of Modern Art	3
ARTH-130	History of Asian Art	3
ARTH-145	Art of the Ancient Americas	3
ARTH-180	History of Photography	3
DANS-160	Dance Appreciation	3
DANS-170	Dance History	3
FILM-100	Survey and Appreciation of Film	3
FILM-110	Culture and Gender in Film	3
FILM-120	Horror Film	3
FILM-121	Film Comedy	3
FILM-125	Film Musicals	3
HUMA-174	Culture and Gender in Theater	3
MUSI-110	Fundamentals of Music	3
MUSI-112	Survey & Appreciation of Music	3
MUSI-114	Survey & History of Jazz	3
MUSI-121	Music Theory I	3
MUSI-122	Music Theory II	3
PHOT-180	History of Photography	3
THEA-100	Introduction to Theater	3
THEA-174	Culture and Gender in Theater	3
3B. Humanities (One course, 3 semester units)		
ASL-121	Second-Semester American Sign Language	5
ENGL-121	Advanced Composition and Literary Analysis	3
ENGL-123	Advanced Composition and Critical Thinking About Literature	4
ENGL-213	Survey of British Literature 1	3
ENGL-214	Survey British Literature 2	3
ENGL-215	Survey of American Literature 1	3
ENGL-216	Survey of American Literature 2	3
ENGL-220	Shakespeare: Introduction	3
ENGL-224	Survey of Native American Literature	3
ENGL-226	Survey of African American Literature	3
ENGL-228	Chicano and Latinx Literature	3

ENGL-230	The Graphic Novel	3
ENGL-231	Literature and Sexuality	3
ENGL-232	Dystopian Literature	3
ETHS-100	Ethnic Studies 1	3
ETHS-101	Ethnic Studies 2	3
ETHS-111	Native American Studies	3
ETHS-112	African American Studies	3
ETHS-113	Chicanx Studies Chicanc Studies	3
ETHS-114	Women's Ethnic Heritage in the United States	3
ETHS-115	Critical Mixed Race Studies	3
ETHS-160	Critical Asian Pacific Islander American Studies: Filipina/X/O Experience in the United States	3
ETHS-161	Asian Pacific Islander American Studies	3
FILM-105	Film History: 1895-1949	3
FILM-106	Film History: 1950s to Present	3
FILM-115	World Cinema	3
HIST-122	World History 1	3
HIST-123	World History 2	3
HIST-140	History of Modern Latin America	3
HUMA-125	Introduction to Latin American Studies	3
HUMA-151	Global Women's Ethnic Heritage	3
PHIL-120	Introduction to Philosophy 1	3
PHIL-121	Introduction to Philosophy 2	3
PHIL-125	Introduction to Ethics	3
PHIL-126	Contemporary American Ethics	3
PHIL-128	Social and Political Philosophy	3
PHIL-129	Introduction to Epistemology and Metaphysics	3
PHIL-133	World Philosophy	3
PHOT-181	Contemporary Issues in Photography	3
PHOT-182	Photography in a Multicultural United States	3
SPAN-121	Elementary Spanish II	5
SPAN-240	Intermediate Spanish I ¹	5
SPAN-241	Intermediate Spanish II ¹	5
SPAN-270	Introduction to Hispanic Cultures	3
SPAN-280	Spanish for Heritage Speakers I ¹	5
SPAN-281	Spanish for Heritage Speakers II ¹	5
SPAN-282	Introduction to Hispanic Literature	3
THEA-120	History of Theater	3

Area 4: Social and behavioral sciences

(Two courses from two academic disciplines, 6 semester units)

Code	Title	Units
ANTH-121	Introduction to Cultural Anthropology	3
ANTH-122	Magic, Witchcraft, and Religion	3
ANTH-130	Introduction to Archaeology and Prehistory	3
ANTH-131	Mesoamerican Archaeology	3
ANTH-150	Anthropology of Sex, Gender and Sexuality	3
ANTH-180	The Anthropology of Childhood	3
ANTH-200	Linguistic Anthropology	3

CFS-120	Child Development	3
CFS-140	The Child, Family and Community	3
CFS-180	The Anthropology of Childhood	3
COMM-126	Intercultural Communication	3
COMM-134	Introduction to Communication Theory	3
ECON-100	Principles of Macroeconomics	3
ECON-101	Principles of Microeconomics	3
ECON-120	Economic History of the U.S.	3
ENGL-224	Survey of Native American Literature	3
ENGL-226	Survey of African American Literature	3
GEOG-101	World Regional Geography	3
HIST-120	United States History 1	3
HIST-121	United States History 2	3
HIST-122	World History 1	3
HIST-123	World History 2	3
HIST-140	History of Modern Latin America	3
HIST-142	History of Mexico	3
HIST-145	California History	3
HIST-150	History of American Women 1600-1900	3
HIST-152	History of American Women Since 1900	3
HIST-165	African American History	3
HUMA-166	Environmental Justice and the Humanities	3
LGBT-120	Introduction to LGBT Studies in the Family, Education and Community	3
LGBT-121	LGBT Communities, Family & Education in the 21st Century	3
POLS-C1000	American Government and Politics Of American Government	3
POLI-125	Introduction to Modern Political Ideology	3
POLI-135	Comparative Government	3
POLI-140	International Relations	3
POLI-145	International Political Economy	3
PSYC-C1000	Introduction to Psychology	3
PSYC-123	Social Psychology	3
PSYC-124	Psychology of Adjustment	3
PSYC-125	Human Development	3
PSYC-126	Abnormal Psychology	3
PSYC-128	Cross-Cultural Psychology	3
PSYC-135	Human Sexuality	3
PSYC-175	Theories of Personality	3
PSYC-220	Research Methods in Psychology	3
SOCI-120	Introduction to Sociology	3
SOCI-122	Social Problems	3
SOCI-130	Introduction to Queer Studies	3
SOCI-140	Sociology of Sex and Gender	3
SOCI-150	Sociology of Race & Ethnicity	3
SOCI-154	Sociology of Crime	3
SOCI-190	Introduction to Social Research	3

Area 5: Physical and Biological Sciences

(Two courses, one Physical Science and one Biological Science, at least one of the two courses must be associated with a laboratory (7 semester units)

Code	Title	Units
5A. Physical Science (One course, 3 semester or 4 quarter units)		
ASTR-110	Descriptive Astronomy	3
CHEM-110	Introduction to Chemistry (Satisfies Laboratory Requirement)	4
CHEM-111	Introduction to Organic & Biological Chemistry (Satisfies Laboratory Requirement)	4
CHEM-120	General Chemistry 1 (Satisfies Laboratory Requirement)	5
CHEM-121	General Chemistry 2 (Satisfies Laboratory Requirement)	5
CHEM-240	Organic Chemistry 1 (Satisfies Laboratory Requirement)	5
CHEM-241	Organic Chemistry 2 (Satisfies Laboratory Requirement)	5
EART-110	Earth Science (Satisfies Laboratory Requirement)	4
GEOG-110	Physical Geography	3
GEOL-110	Physical Geology	3
GEOL-111	Physical Geology Laboratory (Satisfies Laboratory Requirement)	1
PHYS-110	Descriptive Physics	3
PHYS-111	Descriptive Physics Laboratory (Satisfies Laboratory Requirement)	1
PHYS-120	General Physics 1 (Satisfies Laboratory Requirement)	4
PHYS-121	General Physics 2 (Satisfies Laboratory Requirement)	4
PHYS-140	Physics for Scientists & Engineers 1 (Satisfies Laboratory Requirement)	4
PHYS-240	Physics for Scientists & Engineers 2 (Satisfies Laboratory Requirement)	4
PHYS-241	Physics for Scientists & Engineers 3 (Satisfies Laboratory Requirement)	4
5B. Biological Sciences (One course, 3 semester units)		
ANTH-120	Biological Anthropology With Lab (Satisfies Laboratory Requirement) ¹	4
BIOL-105	Human Biology (Satisfies Laboratory Requirement) ¹	4
BIOL-110	Survey of Biology (Satisfies Laboratory Requirement) ¹	4
BIOL-112	Introduction to Ecology	3
BIOL-117	Wildlife Biology	3
BIOL-120	General Biology (Satisfies Laboratory Requirement) ¹	4
BIOL-218	Human Anatomy (Satisfies Laboratory Requirement)	5
BIOL-219	Human Physiology (Satisfies Laboratory Requirement)	5
BIOL-220	General Microbiology (Satisfies Laboratory Requirement)	5
BIOL-240	General Zoology (Satisfies Laboratory Requirement)	5

BIOL-241	General Botany (Satisfies Laboratory Requirement)	5
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5C. Laboratory (One course, 3 semester units)**Area 6: Ethnic Studies**

(One course, 3 semester units)

Code	Title	Units
ETHS-100	Ethnic Studies 1	3
ETHS-101	Ethnic Studies 2	3
ETHS-111	Native American Studies	3
ETHS-112	African American Studies	3
ETHS-113	Chicanx Studies Chicanx Studies	3
ETHS-114	Women's Ethnic Heritage in the United States	3
ETHS-115	Critical Mixed Race Studies	3
ETHS-160	Critical Asian Pacific Islander American Studies: Filipina/X/O Experience in the United States	3
ETHS-161	Asian Pacific Islander American Studies	3

Optional: UC Graduation Requirement: language other than English

(Not part of Cal-GETC; may be completed prior to transfer). Proficiency equivalent to two years of high school study in the same language with a minimum grade of "C" or better.

Optional: CSU Graduation requirement in U.S. HISTORY, CONSTITUTION and American Ideals

(Not part of Cal-GETC; may be completed prior to transfer). One course from Group one and one course from Group two; 6 semester or 8 quarter units) *Note: Courses for this requirement may double count for Area 4.

Code	Title	Units
Group 1: History		
HIST-120	United States History 1	3
HIST-121	United States History 2	3
HIST-150	History of American Women 1600-1900	3
HIST-152	History of American Women Since 1900	3
HIST-165	African American History	3
Group 2: Political Science		
POLS-C1000	American Government and Politics Of American Government	3